



It's Your Choice

Just please be smart & considerate of others.

If you are unwell & unsure, please reschedule, otherwise...

1. Mask to your comfort level and if you prefer, we will also happily mask to work with you, just ask. 😊
2. If you have been exposed or have been in close contact with anyone exposed to Covid, please do not come into the office for a minimum of 5 days.
3. If you have had **any recent vaccinations/boosters** (Covid, shingles, flu, etc), we require at least a 3-4 week minimum since the last booster before being treated.

Thank you for your cooperation and collaboration in keeping everyone healthy.
Stay well.

